#### SHOULD BE BACK AND CONFIRM SAFETY BY 2024-10-29T20:30

IDENTITY

DOB (Y/M/D):

Full name: John Doe
Biological sexe: Male

Nationality: French
Ethnicity: Caucasian

LEAVE AND RETURN DATES

Leaving date (Y/M/D/H): 2024-10-26T10:30

Return date (Y/M/D/H): 2024-10-29T20:30

**APPEARANCE** 

Height (cm): 178
Weight (kg): 75

Hair: Brown hair kept short, with slight natural wave.

Distinctive signs: Wears rectangular brown-framed glasses, no tattoes.

1985-03-08

Travel outfit: Lightweight hiking pants, moisture-wicking shirt, sturdy boots, and weatherproof jacket

**MEDICAL** 

Bloodtype: Apos

Current medication: None, only carries basic ibuprofen for emergency use

Medical devices: None

Allergies: Mild seasonal pollen allergy, no medication needed

Psychological state: Good mental state

Other: Physically fit from weekly hiking

VEHICLES

Driver licence: Yes

Vehicle(s) description: Silver 2022 Renault Captur, maintained regularly and in good condition.

Vehicle(s) registration: AB-123-CD

Rental informations:

COMMUNICATION

Telephone number: +33612345678

Communication devices: iPhone 13, portable battery pack, basic Garmin GPS device.

Check in reports: Daily evening check-in with family via WhatsApp, around 7PM.

Signal coverage expected: Good coverage in urban areas, spotty in mountain trails.

**STAYING** 

Staying places: Camping Le Mont Blanc

RELATIVES/EMERGENCY CONTACTS

Who to contact: Marie Doe (wife), +33 6 12 34 56 89

PERSONALITY AND BEHAVIOR

Autostop: Will never do
Drinking habit: Never drinks
Smoking habit: Never smokes
Drug use habit: Never use drugs

Personality trait: Ambivert (balance of introvert and extrovert)

Trust level: Distrustful (rarely trusts)

Cautiousness: Cautious

Hobbies: Weekend hiking, amateur photography, mountain biking in summer months.

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**SKILLS** 

Language(s) spoken: French, native

English, fluent

Fitness condition:

Good (high fitness level)

Swimming:

Proficient Swimmer (strong swimming ability)

Hiking experience:

Experienced (frequent hiker)

Survival skills:

Basic survival skills

Military experience:

None

Fighting ability:

Got into a few real fight

Medic skills:

Basic (rudimentary medical knowledge)

# **GROUP MEMBERS**

Group members:

#### TRIP PLANNING

Paper money:

Day to day plan:

Day 1: Starting from Chamonix station, taking the TMB trail towards Col de Voza. Stopping at Bionnassay glacier viewpoint for lunch. Afternoon hike to Le Camping Mont Blanc.

Day 2: Early departure to Bellevue cable car station, hiking Tour du Mont Blanc towards Les Houches. Following forest trail through Les Contamines nature reserve, returning to campsite by sunset.

Day 3: Morning ascent via Tramway du Mont Blanc to Nid d'Aigle. Exploring Bionnassay glacier area, visiting mountain refuge for lunch. Return to Chamonix via Saint-Gervais traditional village route.

## FORESEABLE PROBLEMS & INTENTIONS

for potential issues:

Planned decisions and actions Day 1: If storms approach, will take refuge at Tête Rousse mountain hut. Alternative path via Les Houches valley available if main trail blocked.

Day 2: In case of fog/low visibility, will stick to marked forest paths. Can shorten route by taking local bus from Les Contamines.

Day 3: If tramway closed, will take alternate hiking path from Les Houches. Bad weather backup plan includes visiting Chamonix museums.

#### **EQUIPMENT**

Water/Food supply:

Three days of trail mix, energy bars, and dried meals. Two 1L water bottles, water filter for refills at mountain streams.

Survival equipment:

Basic first aid kit, tent, sleeping bag, matress, emergency blanket, headlamp, firestarter, multi-tool knife, compass, emergency bivouac bag, whistle.

#### **ATTACHMENTS**

Attachments:

IGN TOP25 3531ET Mont-Blanc map (paper) Digital TMB trail maps downloaded on phone

Detailed refuge locations PDF Weather forecast printout Photos of trail markers Bus/tramway timetables